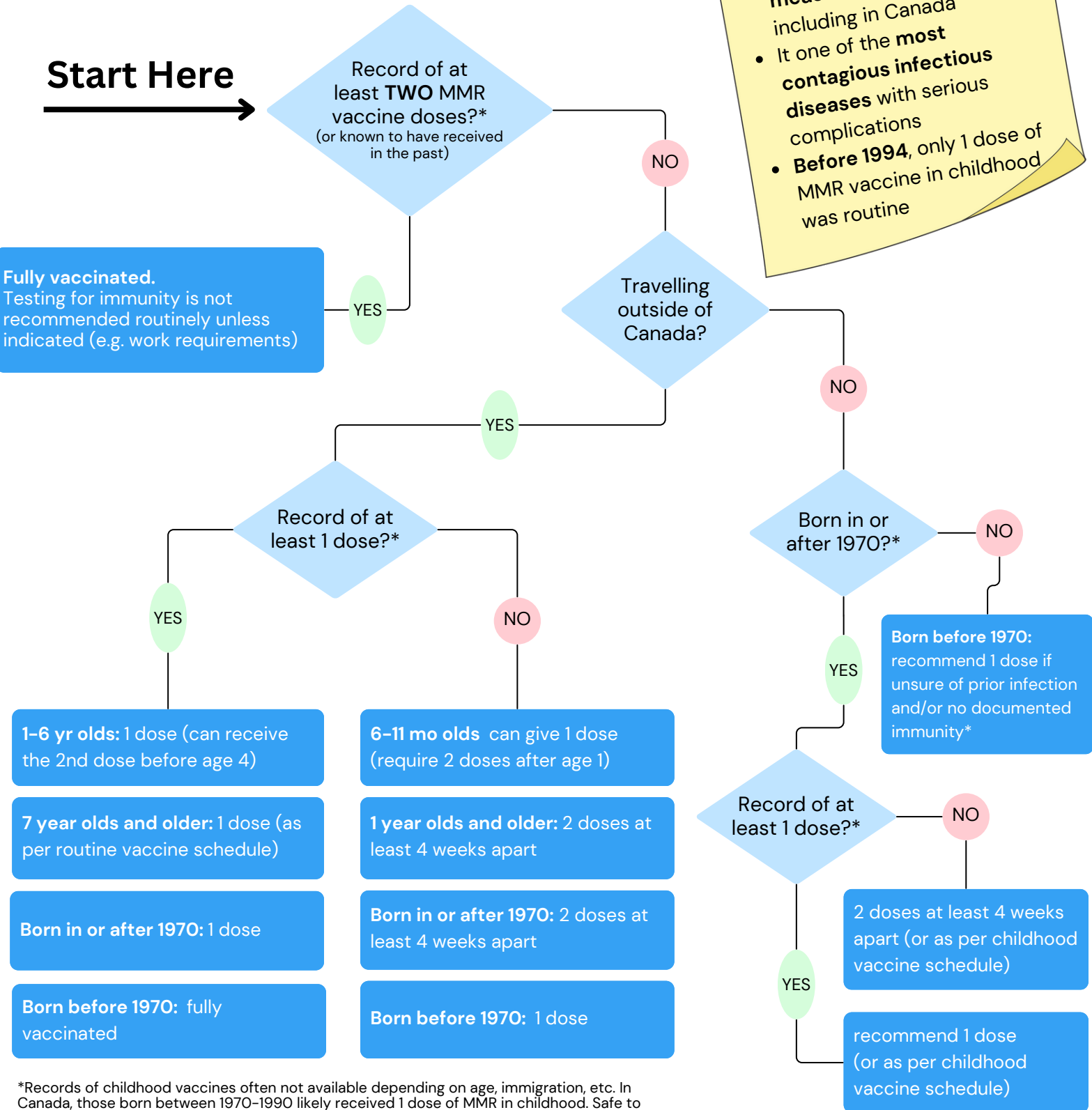


Are you eligible for a MMR (measles, mumps, rubella) vaccine booster?

Date updated: April 4, 2024

- Worldwide cases of measles are rising, including in Canada
- It is one of the **most contagious infectious diseases** with serious complications
- Before 1994**, only 1 dose of MMR vaccine in childhood was routine

Start Here →



*Records of childhood vaccines often not available depending on age, immigration, etc. In Canada, those born between 1970–1990 likely received 1 dose of MMR in childhood. Safe to receive the MMR vaccine again regardless of prior vaccination, however testing for immunity may be considered by your primary provider if indicated.