

Are you eligible for a MMR vaccine booster?

Date updated: March 31, 2024

- Worldwide cases of measles are rising, including in Canada
- It one of the **most contagious infectious diseases** with serious complications
- Before 1994**, only 1 dose of MMR in childhood was routine

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Record of* at least **TWO** MMR vaccine doses?
*or known to have received in the past

NO

Travelling outside of Canada?

NO

Born in or after 1970?

NO

Born before 1970: recommend 1 dose if no documented immunity

Record of at least 1 dose?

NO

2 doses at least 4 weeks apart (or as per childhood vaccine schedule)

YES

recommend 1 dose (or as per childhood vaccine schedule)

Fully vaccinated. Testing for immunity is not recommended routinely unless indicated (e.g. work requirements)

YES

YES

Record of at least 1 dose?

YES

1-6 yr olds can receive the 2nd dose before age 4

7 year olds and older: 1 dose (as per routine vaccine schedule)

Born in or after 1970: 1 dose

Born before 1970: fully vaccinated

NO

6-11 mo olds can give 1 dose (require 2 doses after age 1)

1 year olds and older: 2 doses at least 4 weeks apart

Born in or after 1970: 2 doses at least 4 weeks apart

Born before 1970: 1 dose

